



State Senator • 3rd District Irma Clark-Coleman

PO Box 30036 • Lansing, MI • 48909-7536
Phone: 517.373.0990 • Toll-free: 866.747.7803
Fax: 517.373.5338
www.senate.mi.gov/clark-coleman
SenIClark-Coleman@senate.michigan.gov

Dear Friend:

I have prepared this resource guide to help individuals who need assistance during challenging times. I am very honored to serve you in the Michigan Senate and I will continue to work to improve your life and the quality of life for the citizens of Detroit. Please contact our office anytime for assistance.

Sincerely,

Irma Clark-Coleman
State Senator • 3rd District

Need General Help With a Problem?

United Way 2-1-1: Dial 211 from a landline or (800) 552-1183. Offers a wide range of services and provides for any type of human service need. (www.211.org)

Need Help Avoiding Home Foreclosure?

These resources will help you avoid home foreclosure.

Association of Community Organizations for Reform Now (ACORN): (313) 963-1840. Mortgage counseling and foreclosure prevention assistance. (www.acorn.org)

Detroit Homeownership Preservation Enterprise (HOPE): (888) 995-4673. Mortgage foreclosure prevention counseling.

Messiah Housing Corporation: (313) 267-1010. Provides affordable housing to eligible residents. (www.messiahhousing.com)

United Community Housing Coalition (UCHC): (313) 963-3310. Foreclosure prevention, legal services, and temporary housing. (www.uchcdetroit.org)

U-SNAP-BAC: (313) 640-1100. Homeowner education. (www.usnapbac.org)

Moratorium Now!: (313) 887-4344. Advocacy group to prevent foreclosures and evictions. (www.moratorium-mi.org)

Need Help With Utility Shutoffs?

These resources will help avoid shutoff of your gas and electricity.

DTE Payment Assistance Programs and Winter Protection Program: (800) 477-4747. Special programs for senior citizens and low-income families.

DTE Case Management: (800) 545-8046. Helps low-income customers develop a payment plan for those with a balance of more than \$750.

The Heat and Warmth Fund (THAW): (800) 866-THAW (8429). Provides financial assistance with energy bills. (www.thawfund.org)

Michigan Public Service Commission (MPSC): (800) 292-9555 or (517) 241-6180. Helps to resolve complaints against utility providers.

Need Legal Assistance?

These resources will help resolve legal issues.

Legal Aid and Defender Association, Inc.: (313) 967-5555. Legal advocacy and representation for low-income residents. (www.ladadetroit.org)

Neighborhood Legal Services Michigan (NLSM): (313) 964-1975. Referral to free legal services. (www.nlsmlaw.us)

Michigan Legal Services: (313) 964-4130. Legal representation.

Lawyers Referral Service: (313) 961-3545. Information and assistance in finding a lawyer.

Elder Law of Michigan: (800) 347-5297. Legal counseling and professional assistance for senior citizens (60 and over) and the disabled. (www.elderslaw.org)

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Need General Help
With a Problem?
Dial 2-1-1

Surviving The Economy

For your information from

State Senator Irma Clark-Coleman

*Help finding solutions to
difficult problems*



Need Help Finding a Job?

These resources will help you find employment.

Michigan Works! Employment Central:

(313) 579-4925 or (800) 285-9675. Development of job skills and assistance in finding employment.

Michigan Works! North Workplace:

(313) 873-7321. Development of job skills and assistance in finding employment.

Michigan Works! South Workplace:

(313) 962-9675. Development of job skills and assistance in finding employment.

Michigan Talent Bank: (888) 253-6855.

Lists services that assist in finding employment. (www.michworks.org)

No Worker Left Behind: (800) 285-9675 or (517) 335-1319. Employment information and assistance.

Detroit Workforce Development Department (DWDD): (313) 876-0674. Employment information and assistance.

Department of Civil Service: (313) 456-4400. Employment information and assistance.

Need Temporary Housing?

These resources will help provide temporary shelter.

Alternatives for Girls: (313) 361-4000. Shelter for girls ages 15-20 and their children.

Emergency Shelter Referral Line: (313) 963-7829. Provides information on shelters.

Coalition on Temporary Shelter (COTS):

(313) 831-3777. Shelter for adults and children accompanied by parents. (www.cotsdetroit.org)

Covenant House Michigan: (313) 463-2000 and 24-Hour Crisis Hotline (800) 999-9999. Short-term shelter relief, food, and clothing for 18- to 22-year-olds.

Detroit Rescue Mission Ministries: (313) 331-8990. Shelter for women and children. (313) 993-6703. Shelter for men. (www.drmm.org)

Simon House: (313) 531-3400. Supportive housing and meals for women, on-site case coordination, and counseling services.

Need Help With Food And Furnishings?

These resources will help provide food and home furnishings.

Mother Waddles: (313) 891-4475 or (313) 516-9206. Provides used cars. (www.motherwaddles.com)

Gleaners Community Food Bank:

(313) 923-3535. Provides food to church pantries and soup kitchens. (www.gcfb.org)

Capuchin Soup Kitchen: (313) 579-2100

Ext. 218. Provides food. (www.cskdetroit.org)

Crossroads East Office: (313) 822-3930.

Provides food and emergency clothing.

Focus: HOPE: (313) 494-4600 or (313) 494-5500.

Provides food to seniors age 60 and over and children under the age of six. (www.focushope.edu)

Women, Infants, and Children (WIC):

(313) 876-4555. Provides food and services to low-income individuals.

Need Help Finding Senior Citizen Services?

These resources provide assistance to senior citizens.

Detroit Area Agency on Aging (DAAA):

(313) 446-4444. All-purpose resource center and meals on wheels program. (www.daaa1a.org)

Citizens for Better Care: (800) 833-9548 or

(313) 832-6387. Advocacy for senior citizens in long-term care facilities. (www.cbcmi.org)

Hannan Center for Creative Aging:

(313) 833-1300. Resource and activities center.

Senior Citizens Department: (313) 224-1000.

Referral services for senior citizens.

Senior Citizens Abuse Help Line: (800) 882-6006.

File complaints against nursing homes and hospitals.

Visiting Angels of Detroit: (800) 365-4189.

Provides non-medical in-home care. (www.visitingangels.com)

L.A.S.E.D. Senior Citizens Center:

(313) 841-8840. Provides congregate meals and coordinates activities for senior citizens.

Need Assistance Paying For College?

These resources can help current or future students with tuition costs.

Office of Scholarships and Grants:

1-888-4-GRANTS. Learn about available scholarships. (www.michigan.gov/mistudentaid)

Michigan Guarantee Agency:

1-800-MGA-LOAN. Information about student loans and student financial services.

Michigan Higher Education Student Loan

Authority: (888) MHESLA1. Provides loans with little or no interest rate. (www.mistudentloans.com)

Free Application for Federal Student Aid

(FASFA): 1-800-433-3243. Provision of federal aid to lower education costs. (www.fafsa.ed.gov)

Need Help With Prisoner Re-Entry?

These resources are available for men and women formerly incarcerated in prison.

Michigan Prisoner Re-Entry Initiative:

(313) 456-4511.

Jewish Vocational Services: (313) 833-8100.

Assists in searching for a job.

Goodwill Industries: (313) 964-3900. Transitional

employment, employment-supported mentoring, job placement assistance. (www.goodwilldetroit.org)

Detroit Hispanic Development Corporation

(DHDC): (313) 967-4880. Employment training, job placement services, and bilingual information. (www.dhdc1.org)

Need Help Caring For Your Child?

These resources are to assist in caring for infants and young children.

Planned Parenthood: (313) 831-7776. Testing for

HIV and STDs and provides birth control and family planning advice. (www.plannedparenthood.org)

Detroit Health Department: 961-BABY:

Provides health insurance for pregnant women and their children. Offers parenting classes and childbirth education classes. (313) 961-BABY or (313) 961-2229.

Child Care Coordinating Council: (313) 259-4411.

Resource center for families.

The Family Place: (313) 664-0700. Provides

intervention, emergency shelter, and crisis counseling for victims of domestic violence.

(www.thefamilyplace4c.org)

Need Help With Substance Abuse?

These resources can help individuals overcome substance abuse problems.

New Life Home for Recovering Women:

(313) 245-4357. Assists women with drug abuse problems. (www.newlifehome.net)

Sacred Heart Rehabilitation: 1-800-802-7472.

Provides outpatient support. (www.sacredheartcenter.com)

Mariners Inn: (313) 962-9446. Assists men with

abuse problems.

Detroit Recovery Project: (313) 579-5462.

Assists all substance abusers. (www.detroitrecovery.org)

Insight: (313) 872-2520 or 24-hour hotline

(800) 441-5092. Support for substance abusers and individuals with mental illness. (www.insightrecovery.org)

Care First: (313) 846-5020. Provides intensive

outpatient support.

Operation Get Down: (313) 921-9422. Provides

substance abuse intervention in a residential setting. (www.operationgetdown.org)

Need Help Maintaining Your Rights?

These resources are to assist those who believe their consumer and/or civil rights have been violated.

AARP: (866) 227-7448. Advocacy for senior citizens. (www.aarp.org)

Michigan Attorney General's Office:

(877) 765-8388. Offers consumer protection services.

NAACP: (313) 871-2087. Civil rights assistance

and advocacy through public policy. (www.naacp.org)

Better Business Bureau: (248) 644-9100. Offers

consumer protection services. (www.bbb.org)

Detroit Consumer Affairs: (313) 224-1000.

Provides mediation, consumer information and takes complaints against any business.

Ombudsman's Office: (313) 224-6000. Make

complaints against any city departments and agencies.

Detroit Urban League: (313) 832-4600.

Advocacy for civil and economic rights. (www.detroiturbanleague.org)

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